

Aeron® Chair Size/Fit Reference

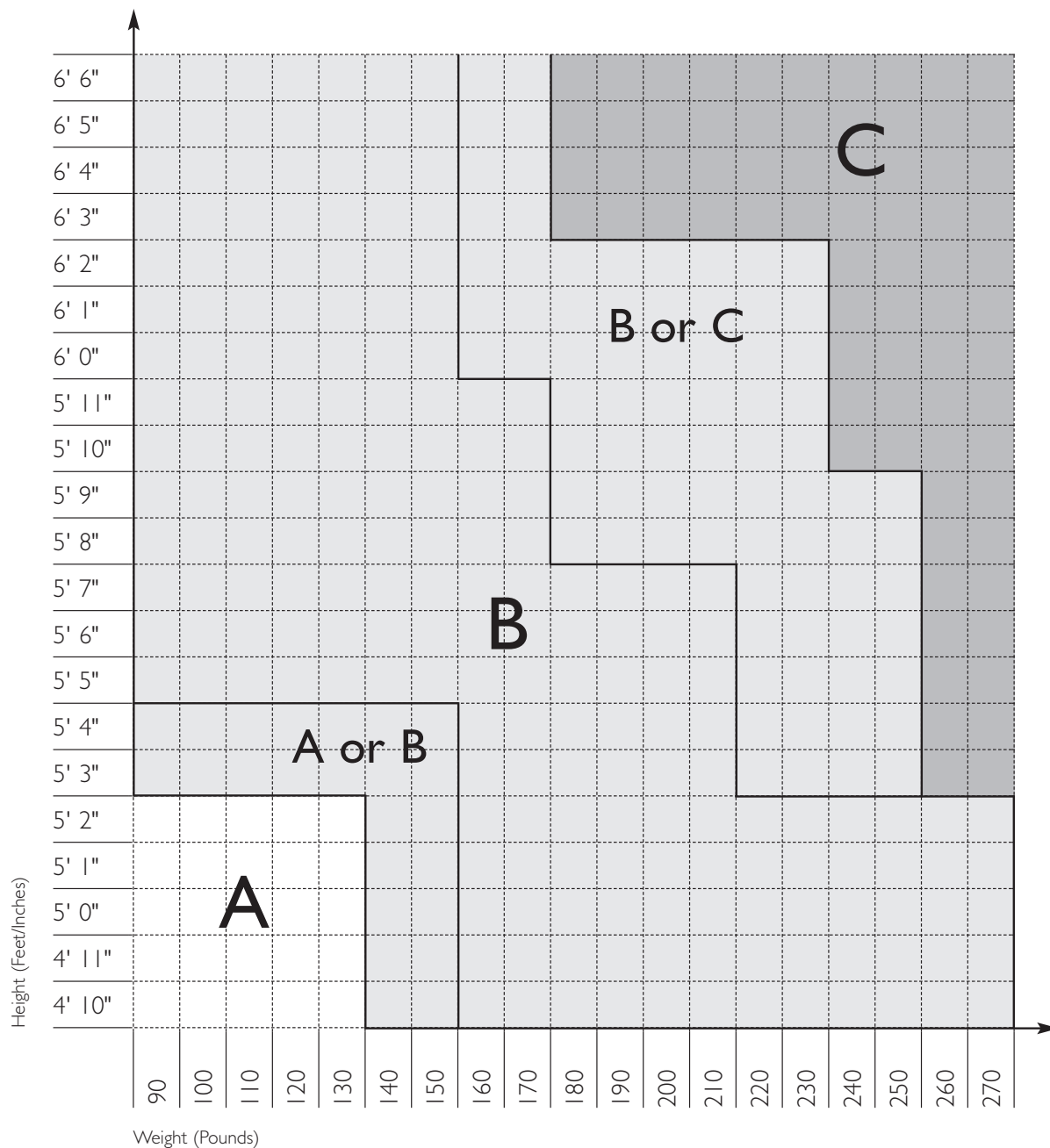
This reference is intended to help people select A-, B-, or C-size chairs when the three sizes are not available for actual test sitting. Height and weight are used here as key indicators of suitable chair-size choice. This reference does not have clearly delineated lines at the extremes of height and weight because people may well find a size that suits them perfectly even if their exact height or weight is not represented here.

To determine which chair size is right for you:

- find the point of intersection for your height and weight
- note the size that is applicable

Because it is designed to fit a broad range of people, Herman Miller recommends the B-size chair in cases where a user falls in the A/B or B/C category and chairs are unavailable for comparative testing.

This chart applies to Aeron chairs with the two-stage pneumatic height-adjustment cylinder:



Note: The Ergon 3® Extra-Size Work Chair is recommended for users beyond the C-size height/weight range or for users who prefer the comfort and ergonomics of a larger chair.