Remote Control arrives paired to the adjustable base. Three (3) AAA batteries are required to operate the remote.

**MASSAGE FEATURE**

- **Anti-Snore** button lifts the head panel slightly to reduce snoring.
- The **MASSAGE-ALL-ON/OFF** button turns on the head and foot massage. Cycle through 3 levels of intensity, then all massage will turn off.
- The **HEAD + -** button will turn on the head massage. Cycle through 3 massage intensities.
- The **FOOT + -** button will turn on the foot massage. Cycle through 3 massage intensities.
- **Memory Preset**
  - **Lifts and Lowers Head**
  - **Flat Preset Position**
  - **Preset Position #1**
  - **Preset Position #2**
  - **Preset Position #3**
  - **Zero G Preset**

**Room & Board**
deluxe adjustable bed remote control

**ADJUST**

The **HEAD** arrows lift and lower the head section of the base.

The **FOOT** arrows lift and lower the foot section of the base.

**ONE TOUCH BUTTONS**

One touch **ZERO-G** preset position. Zero-G adjusts your legs to a higher level than your heart helping to relieve pressure off the lower back and promote circulation.

One touch **FLAT** preset position.

Preset Position #1.

Preset Position #2.

Preset Position #3.

Memory Preset Position.